**10-Week Journaling Challenge: Week 2**
*Korea TESOL Reflective Practice Special Interest Group*

**Learners**

**Monday**

1) What kind of student are YOU?
2) How do you meet your students’ needs and interests?
3) How well does your coursebook cater to their needs and interests?
4) Examine a language-learning styles inventory. How do you accommodate different preferences in your classes?

**Tuesday**

1) What are some ways that you can lower your students’ levels of anxiety? Write about your specific context and problem, and then brainstorm solutions.
2) Record your lesson (audio or video). What is it like (from a student’s perspective) to be in your class? How well can you *read the room*? What kind of adjustments do you make to ensure your students are engaged?
3) Why are your BEST students successful? Why are your other students underachieving?

**Wednesday**

1) Dig through your ELT reference books to refresh your memory. Look up learner-centeredness. What is it? And in what ways does *learner-centered* really encapsulate your lessons—your philosophy of education? Come on. Be honest. Is there a difference between what you *say* and what you *do*?

**Thursday**

1) Your student or their parent wants to know the best way for them to learn English. Make a plan and offer advice to them.
2) Read a journal article about EFL demotivation. Reflect on your contribution to your learners’ level of motivation.

**Friday-Sunday**

1) Student evaluations. How do you feel about them? Fair or unfair? Look back at past results and comment on their assessment of you. Why did you get that rating?
2) Read your journal entries for this week. What do you think? Any revisions? More to add?