10-Week Journaling Challenge: Week 1
Korea TESOL Reflective Practice Special Interest Group

Teacher Identity

Monday

1) How did you become a teacher?
2) Are you happy being a teacher (or an education-related job)? Why or why not? Are you satisfied with where you’re at in your career?
3) Review your CV or LinkedIn profile. What was your path to becoming a teacher?
4) Do you think you are having an impact on the lives of young people? How do you know?

Tuesday

1) List as many benefits of journaling as you can.
2) What questions do you have about our project?
3) Not everyone can sustain a long-term journal. What obstacles do you envision?
4) How do you think you will benefit from completing the 10-week Journaling Challenge? Imagine your future-self.

Wednesday

1) What is your role as a teacher? For example, lecturer, mentor, motivator, manager, guide, role model, planner, facilitator, researcher, etc. Perhaps think of a metaphor such as a chef or police officer, parent, etc.

Thursday

1) What are your strengths as a teacher?
2) Ask a colleague what three words describe you as a teacher. And explain/illustrate why they think so.
3) Ask students what they like about your classes.
4) Refer to a past recommendation (or perhaps a Celta evaluation, etc.) if possible. Read it and comment. How do you feel?

Friday-Sunday

1) What are the top five qualities of a great teacher?
2) Review your journal entries for this week. Comment. How do you feel about Week 1? Was journaling easy or difficult?
3) Where are you on the Cambridge English Teaching Framework (see attachment)?